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Roy Heilbron Clinical Summary

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Patient is a 53 y/o male whom I saw on April 2, 2017 with urinary tenesmus and increased frequency. DGE (Digital rectal exam) revealed prostatic enlargement and 2 nodules. PSA blood test elevated at 22.5 (normal less than 4). Transrectal ultrasound revealed prostatic enlargement, multiple nodules, hypoechoic areas. Biopsy revealed adenocarcinoma, Gleason 2. CT/PET: no metastasis.

Prostate Cancer Staging: TNM T2a.

PMH: Addison's Disease on steroid replacement Cortef 20mg tid;

Hypothyroid on hormone replacement Armour thyroid 90 mg bid

VITAMINS: active essentials, iodine, vit c, magnesium, Ashwaganda, licorice

Allergies: pyridium (rash)

Social History: denies alcohol, drug use, sexually active with condom use, occasional prescription steroid drug abuse.

Family History: Metastatic Prostate cancer grandfather age 80

ROS: otherwise unremarkable. Denies weight loss, loss of appetite, Anemia, bone pain, neurological deficits, lower extremity pain or edema.

Physical Exam:

BP: 120/80, p: 62, RR14, temp: 98.0

HEENT: PERRL EOMI

NECK: thyroid WNL

HEART: RRR

LUNGS: CTA

ABDOMEN: SOFT, NON-TENDER W/O HSM

RECTAL: PROSTATE MODERATE ENLARGEMENT, 2 FIRM NODULES, NON-TENDER, NON-ERYTHEMA, ASYMMETRY

EXT: NO C/C/E

NEURO: SOMEWHAT ANXIOUS, A & A

LABS:

PSA 22.5

ULTRASOUND TRANSRECTAL: PROSTATIC ENLARGEMENT, HYPOECHOIC AREAS, 2 NODULES

BIOPSY: ADENOCARCINOMA, GLEASON 2

CAT SCAN/PET: NO METASTASIS

ASSESSMENT:

PROSTATE CANCER: STAGE T2a

PLAN:

Chemotherapy. 40 sessions, 3 sessions per week as tolerated, 4 CYCLES: Total 160 sessions Taxotere with prednisone, IV 3 hour infusions Myer's and ultra-high dose vitamin C per Dr. Riordan University of Kansas protocol (check G6PD) 70,000 mg IV. Other options include Jevtana, Novantrone, and Emcyt.

Organic live food diet

Exercise

Yoga and meditation

Vitamins

Juicing

Sauna

Prayer

Coffee Enemas

Biofeedback

PROGNOSIS:

WITH RECOMMENDED TREATMENTS FOLLOWED; 97%,

*IF UNABLE TO TOLERATE OR COMPLETE THERAPY WITH DEVELOPMENT OF METASTASIS
AND NEED FOR SURGERY: 29%*

Sincerely,

Signed Electronically

Oscar Paniagua MD